

**Spartan Fitness Holdings, LLC**

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## **SPARTAN FITNESS HOLDINGS, LLC RANKED ON INC. 5000'S FASTEST GROWING COMPANIES IN THE SOUTHEAST**

*Ranked No. 28 on list*

**Brentwood, TN, March 2023**

Inc. magazine revealed SPARTAN FITNESS HOLDINGS, LLC has been ranked No. 28 on its Southeast Regional list of fastest-growing private companies in America. This list illustrates the most successful companies in a designated region within the United States.

"This is an exciting recognition to receive. Our team has worked so hard and we cannot wait to see what the future holds," says David Schuck, the company's founder and CEO.

A complete list of ranking companies can be found on Inc. 5000's website at <https://www.inc.com/regionals/southeast>

About SPARTAN FITNESS HOLDINGS, LLC

Spartan Fitness Holdings, LLC is the preeminent boutique fitness platform and largest franchise owner in the Club Pilates system. SFH combines experienced industry-leading management with renowned consumer private equity investors to build one of the largest global boutique fitness platforms across Club Pilates and additional boutique wellness brands. We currently own and operate studios

in Markets in Texas, Florida, North Carolina, Ohio, Massachusetts, Missouri, and Illinois. We have recently expanded into the boutique spa industry with our first acquisition and development agreement in Hand and Stone in Beachwood, OH. Our company believes in helping others through health, fitness and community.

Spartan's mission statement: *"Impact the lives of the people we touch"*

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